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I like to do the field work as through it we help to grow and develop themselves We help the community to develop new habits such as: wash hands, sanitation at home, boil water, build and use latrines, use of mosquito nets.

The work in the field is the most interesting component of this project. The field work is key to reach our goals; hence we make sure we prepare everything in the office (training materials, posters and other awareness raising materials) pre to our departure.



Azevedo during a health committee community training session





Home visits and monitoring impact of what we do.

Part of my work has also to do with following up the community development in terms of changing attitudes, develop new habits. Through the health committees, I also assess the reduction of diseases at community level.

Community trainings

In my daily work in the field, I train the community on primary health care. I talk to the community about: hygiene, sanitation, and preventable diseases (diarrhea, cough, malaria, measles and skin infections). In addition to that, we also train them on the issues that are raised in the communities and encourage them to go to the health posts.

My role as a Health community Officer, is basically train health committees (a group of people made up of community members selected by the community). Once a health committee has been trained, they are the one who do the community awareness sessions.